

Short Breaks in Sefton

These are some short breaks services which support and provide activities for children and young people with additional needs and disabilities and their families in Sefton:

- **Aiming High – Term Time After School & Holiday Programme**
- **Buddy Up & Buddy Up Plus**
- **Springbrook Residential (Day/Overnight)**
- **Direct Payments (Personal Assistant)**
- **Day Care**
- **Overnight Care**

Short breaks mean children and young people can participate in fun, interesting and safe activities while giving parents and carers a break.



1. Please tick all that you have used:



Aiming High – Term Time After School

Aiming High – Holiday Programme

Buddy Up

Springbrook

**Direct Payments (this could be a
Personal Assistant/PA)**

Day Care

Overnight Care

Other – Please tell us:

.....



2. How would you score the ones you have used?

1 – Very Poor  2 – Poor  3 – Ok 

4 – Good  5 – Excellent 

Aiming High – Term Time After School

Aiming High – Holiday Programme

Buddy Up

Springbrook

**Direct Payments (this could be a
Personal Assistant/PA)**

Day Care

Overnight Care

Other – Please tell us:


.....



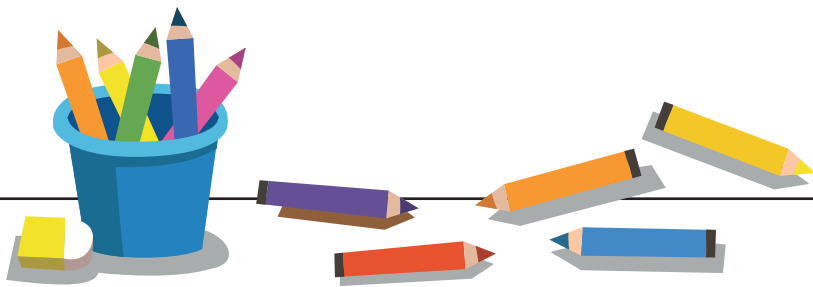
Tell Us Your View

3. If you have rated 4 or more - tell us your what made the service great.

You can use the space below to write and/or draw your answer.




3.

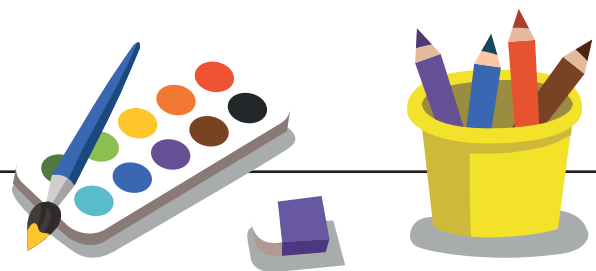


4. If you have rated 3 or below – tell us what would make Sefton’s short breaks better.

You can use the space below to write and/or draw your answer.



4.



5. Anything else you would like to say about short breaks:

